

Read Me or Rue It

APPROVAL OF HIS EMINENCE THE CARDINAL
PATRIARCH OF LISBON

Cardinal's Palace, Lisbon March 4, 1936

We approve and recommend with all our heart the beautiful little book *Read Me or Rue It* by E. D. M.

Although small, it is destined to do great good among Catholics, many of whom are incredibly ignorant of the great doctrine of Purgatory. As a consequence, they do little or nothing to avoid it themselves and little to help the Poor Souls who are suffering there so intensely, waiting for the Masses and prayers, which should be offered for them. ¹

It is our earnest desire that every Catholic should read this little book and spread it about as widely as possible.

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Reprinter’s Notes

This pamphlet was apparently printed in the 1930’s and then reprinted some time later. Several editions of either the first or the second part of the pamphlet appear online, but have been modified by more modern non-Catholic authors. This has been corrected by the One Holy Catholic Church² and a few notes have been added to correspond to the current condition of the Catholic Church. Footnotes have been added to note any such addition or modification and are printed at the end of the work.³

Imprimatur Catholicus

Read Me or Rue It

FOREWORD

"READ ME OR RUE IT"

This title is somewhat startling. Yet, Dear Reader, if you peruse this little book, you will see for yourself how well deserved it is. The book tells us how to save ourselves and how to save others from untold suffering. Some books are good and may be read with profit. Others are better and should be read without fail.

There are, however, books of such sterling worth by reason of the counsels they suggest, the conviction they carry with them, the urge to action they give us that it would be sheer folly not to read them.

Read Me or Rue It belongs to this class. It is for your best interest, Dear Friend, to read it and reread it, to ponder well and

deeply on its contents. You will never regret it; rather, great and poignant will be your regret if you fail to study its few but pregnant pages.

PURGATORY

"Have pity on me, have pity on me, at least you my friends, because the hand of the Lord hath touched me. " (Job 19:21).

This is the touching prayer that the Poor Souls in Purgatory address to their friends on Earth, begging, imploring their help, in accents of the deepest anguish. Alas, many are deaf to their prayers!

It is incomprehensible how some Catholics, even those who are otherwise devout, shamefully neglect the souls in Purgatory. It would almost seem that they do not believe in Purgatory. Certain it is that their ideas on the subject are very hazy.

Days and weeks and months pass without their having a Mass said for the Holy Souls! Seldom, too, do they hear Mass for them, seldom do they pray for them, seldom do they think of them! Whilst they are enjoying the fullness of health and happiness, busy with their work, engrossed with their amusements, the Poor Souls are suffering unutterable agonies on their beds of flame. What is the cause of this awful callousness? Ignorance: gross, inexplicable ignorance.

People do not realize what Purgatory is. They have no conception of its dreadful pains, and they have no idea of the long years that souls are detained in these awful fires. As a result, they take little or no care to avoid Purgatory themselves, and worse still, they cruelly neglect the Poor Souls who are already there and who depend entirely on them for help.

Dear Reader, peruse this little book with care and you will bless the day that it fell into your hands.

CHAPTER I: What is Purgatory?

It is a prison of fire in which nearly all [saved] souls are plunged after death and in which they suffer the intensest pain.

Here is what the great Doctors of the Church tell us of Purgatory: So grievous is their suffering that one minute in this awful fire seems like a century.

St. Thomas Aquinas, the Prince of Theologians, says that the fire of Purgatory is equal in intensity to the fire of Hell, and that the slightest contact with it is more dreadful than all the possible sufferings of this Earth!

St. Augustine, the greatest of the Holy Doctors, teaches that to be purified of their faults previous to being admitted to Heaven, souls after death are subjected to a fire more penetrating, more dreadful than anything we can see, or feel, or conceive in this life.

"Though this fire is destined to cleanse and purify the soul," adds the Holy Doctor, "still it is more acute than anything we could possibly endure on Earth. "

St. Cyril of Alexandria does not hesitate to say that "it would be preferable to suffer all the possible torments of Earth until the Judgment day than to pass one day in Purgatory. "

Another great Saint says: "Our fire, in comparison with the fire of Purgatory, is as a refreshing breeze. "

The other holy writers speak in identical terms of this awful fire.

HOW COMES IT THAT THE PAINS OF PURGATORY ARE SO SEVERE?

The fire we see on Earth was made by the goodness of God for our comfort and well-being. Still, when used as a torment, it is the most dreadful one we can imagine.

The fire of Purgatory, on the contrary, was made by the Justice of God to punish and purify us and is, therefore, incomparably more severe.

Our fire, at most, burns this gross body of ours, made of clay; whereas, the fire of Purgatory acts on the spiritual soul, which is unspeakably more sensitive to pain.

The more intense our fire is, the more speedily it destroys its victim, who therefore ceases to suffer; whereas, the fire of

Purgatory inflicts the keenest, most violent pain, but never kills the soul nor lessens its sensibility.

Unsurpassingly severe as is the fire of Purgatory, the pain of loss or separation from God, which the souls also suffer in Purgatory, is far more severe. The soul separated from the body craves with all the intensity of its spiritual nature for God. It is consumed with an intense desire to fly to Him. Yet it is held back. No words can describe the anguish of this unsatisfied craving.

What madness, therefore, it is for intelligent beings to neglect taking every possible precaution to avoid such a dreadful fate.

It is puerile to say that it cannot be so, that we cannot understand it, that it is better not to think or speak of it. The fact remains always the same -- whether we believe it, or whether we do not -- that the pains of Purgatory are beyond everything we can imagine or conceive. These are the words of St. Augustine.

CHAPTER II: Can all this be true?

The existence of Purgatory is so certain that no Catholic has ever entertained a doubt of it. It was taught from the earliest days of the Church and was accepted with undoubting faith wherever the Gospel was preached.

The doctrine is revealed in Holy Scripture and has been handed down by Tradition, taught by the infallible Church and believed by the millions and millions of faithful of all times.

Yet, as we have remarked, the ideas of many are vague and superficial on this most important subject. They are like a person who closes his eyes and walks deliberately over the edge of a yawning precipice.

They would do well to remember that the best means of lessening our term in Purgatory -- or of avoiding it altogether -- is to have clear ideas of it, to think well on it and to adopt the means God offers for avoiding it.

Not to think of it is fatal. It is nothing else than preparing for themselves a fearfully long and rigorous Purgatory.

THE POLISH PRINCE

A Polish prince who, for some political reason, had been exiled from his native country bought a beautiful castle and property in France.

Unfortunately, he had lost the Faith of his childhood and was at the time of our story engaged in writing a book against God and the existence of a future life.

Strolling one evening in his garden, he came upon a poor woman weeping bitterly. He questioned her as to the cause of her grief.

"Ah! Prince," she replied, "I am the wife of Jean [John] Marie, your former steward, who died two days ago. He was a good husband to me and a faithful servant to Your Highness. His sickness was long and I spent all our savings on the doctors, and now I have nothing left to get Masses said for his soul. "

The Prince, touched by her grief, said a few kind words and, though professing no longer to believe in a future life, gave her some gold coins to have Masses said for her husband's soul.

Some time after, it was again evening, and the Prince was in his study working feverishly at his book.

He heard a loud rap at the door and without looking up called out to the visitor to come in. The door slowly opened and a man entered and stood facing the Prince's writing table.

On glancing up, what was not the Prince's amazement to see Jean Marie, his dead steward, looking at him with a sweet smile.

"Prince," he said, "I come to thank you for the Masses you enabled my wife to have said for my soul. Thanks to the saving Blood of Christ, which was offered for me, I am now going to Heaven, but God has allowed me to come and thank you for your generous alms. "

He then added impressively: "Prince, there is a God, a future life, a Heaven and a Hell. "

Having said these words he disappeared.

The Prince fell upon his knees and poured forth a fervent Credo. ⁴

ST. ANTONINUS AND HIS FRIEND

Here is a narrative of a different kind, but not less instructive.

St. Antoninus, the illustrious Archbishop of Florence, relates that a pious gentleman had died, who was a great friend of the Dominican Convent in which the Saint resided. Many Masses and suffrages were offered for his soul.

The Saint was very much afflicted when, after the lapse of a long time, the soul of the poor gentleman appeared to him, suffering excruciating pains.

"Oh, my Dear Friend," exclaimed the Archbishop, "are you still in Purgatory, you who led such a pious and devout life?"

"Yes, and I shall remain there still for a long time," replied the poor sufferer, "for when on Earth I neglected to offer suffrages for the souls in Purgatory. Now, God by a just judgment has applied the suffrages which have been offered for me to those souls for whom I should have prayed. "

"But God, too, in His Justice, will give me all the merits of my good works when I enter Heaven; but first of all, I have to expiate my grave neglect in regard to others. "

So true are the words of Our Lord: "By that measure with which you measure, it will be measured to you again. "

Remember, you who read these lines, that the terrible fate of this pious gentleman will be the fate of all those who neglect to pray for and refuse to help the Holy Souls.

CHAPTER III: How long do souls remain in Purgatory?

The length of time souls are detained in Purgatory depends on: the number of their faults; the malice and deliberation with which these have been committed; the penance done, or not done, the satisfaction made, or not made for sins during life;

Much, too, depends on the suffrages offered for them after death.

What can safely be said is that the time souls spend in Purgatory is, as a rule, very much longer than people commonly imagine. We will quote a few of the many instances which are recounted in the lives and revelations of the Saints.

St. Louis Bertrand's father was an exemplary Christian, as we should naturally expect, being the father of so great a Saint. He had even wished to become a Carthusian monk until he learned that it was not God's will for him.

When he died, after long years spent in the practice of every Christian virtue, his saintly son, fully aware of the rigors of God's Justice, offered many Masses and poured forth the most fervent supplications for the soul he so dearly loved.

A vision of his father still in Purgatory forced him to intensify a hundredfold his suffrages. He added most severe penances and long fasts to his Masses and prayers. Yet eight whole years passed before he obtained the release of his father.

St. Malachy's sister was detained in Purgatory for a very long time, despite the Masses, prayers and heroic mortifications the Saint offered for her!

It was related to a holy nun in Pampluna, who had succeeded in releasing many Carmelite nuns from Purgatory, that most of these had spent there terms of from 30 to 60 years!

Carmelite nuns in Purgatory for 40, 50 and 60 years! What will it be for those living amidst the temptations of the World and with all their hundreds of weaknesses?

St. Vincent Ferrer, after the death of his sister, prayed with incredible fervor for her soul and offered many Masses for her release. She appeared to him at length and told him that had it not been for his powerful intercession with God, she should have remained an interminable time in Purgatory.

In the Dominican Order it is the rule to pray for the Master Generals by name on their anniversaries. Many of these have been dead several hundred years! They were men especially eminent for piety and learning. This rule would not be approved by the Church were it not necessary and prudent.

We do not mean to imply that all souls are detained equally long periods in the expiatory fires. Many have committed lesser

faults and have done more penance. Therefore, their punishment will be much less severe.

Still, the instances we have quoted are very much to the point, for if these souls who enjoyed the intimacy, who saw the example and who shared in the intercession of great Saints during their lives and were aided by their most efficacious suffrages after death were yet detained for such a length of time in Purgatory, what may not happen to us who enjoy none of these wonderful privileges?

WHY SUCH LENGTHY EXPIATION?

The reasons are not difficult to find: The malice of sin is very great. What appear to us small faults are in reality serious offenses against the infinite goodness of God. It is enough to see how the Saints wept over their faults. We are weak, it may be urged. That is true, but then God offers us abundant graces to strengthen our weakness, gives us light to see the gravity of our faults, and the necessary force to conquer temptation. If we are still weak, the fault is all our own. We do not use the light and strength God so generously offers us; we do not pray, we do not receive the Sacraments as we should.

An eminent theologian wisely remarks that if souls are condemned to Hell for all eternity because of one mortal sin, it is not to be wondered at that other souls should be detained for long years in Purgatory who have committed countless deliberate venial sins, some of which are so grave that at the time of their commission the sinner scarcely knows if they are mortal or venial. Too, they may have committed many mortal sins for which they have had little sorrow and done little or no penance. The guilt has been remitted by absolution, but the pain due to the sins will have to be paid in Purgatory.

Our Lord tells us that we shall have to render an account for each and every idle word we say and that we may not leave our prison until we shall have paid the last farthing. (Cf. Matt. 5:26.)

The Saints committed few and slight sins, and still they sorrowed much and did severe penances. We commit many and grave sins, and we sorrow little and do little or no penance.

VENIAL SINS

It would be difficult to calculate the immense number of venial sins that any Catholic commits.

There is an infinite number of faults of selflove, selfishness; thoughts, words and acts of sensuality, too, in a hundred forms; faults of charity in thought, word and deed; laziness, vanity, jealousy, tepidity and innumerable other faults.

There are sins of omission which we pay so little heed to. We love God so little, yet He has a thousand claims on our love. We treat Him with coldness, indifference and base ingratitude.

He died for each one of us. Do we ever thank Him as we ought? He remains day and night on the Altar, waiting for our visits, anxious to help us.

How seldom we go to Him! He longs to come into our hearts in Holy Communion, and we refuse Him entrance. He offers Himself up for us on the Altar every morning at Mass and gives oceans of graces to those who assist at the Great Sacrifice. Yet many are too lazy to go to this Calvary! What an abuse of grace!

Our hearts are mean and hard, full of selflove. We have happy homes, splendid food, warm clothing, an abundance of all good things. Many around us live in hunger and misery, and we give them so little; whereas, we spend lavishly and needlessly on ourselves.

Life is given us to serve God, to save our souls. Most Christians, however, are satisfied to give God five minutes of prayer in the morning, five minutes at night! The rest of the 24 hours is given to work, rest and pleasure. Ten minutes to God, to our immortal souls, to the great work we have to do, viz. , our salvation. Twenty-three hours and 50 minutes to this transitory life! Is it fair to God?

It may be alleged that our work, our rest, our sufferings are done for God!

They should be, and then our merits would be indeed great. The truth is that many scarcely ever think of God during the day. The one engrossing object of their thoughts is self. They think and labor and rest and sleep to satisfy self. God gets a very little place in their day and in their minds. This is an outrage to His loving Heart, which is ever thinking of us.

NOW TO COME TO MORTAL SINS

Many Christians unfortunately commit mortal sins during their lives, but though they confess them, they make no due satisfaction for them, as we have already said.

The Venerable Bede appears to be of the opinion that those who pass a great part of their lives in the commission of grave sins and confess them on their deathbed may be detained in Purgatory even until the Last Day.

St. Gertrude in her revelations states that those who have committed many grave sins and have not done due penance may not share in the ordinary suffrages of the Church for a very considerable time!

All those sins, mortal and venial, are accumulating for the 20, 30, 40, 60 years of our lives. Each and every one has to be atoned for after death.

Is it, then, any wonder that souls have to remain so long in Purgatory?

CHAPTER IV: Why pray for the poor souls?

Our Lord's Great Law is that we must love one another, genuinely and sincerely. The First Great Commandment is to love God with all our heart and soul. The Second, or rather a part of the First, is to love our neighbor as ourselves. This is not a counsel or a mere wish of the Almighty. It is His Great Commandment, the

very base and essence of His Law. So true is this that He takes as done to Himself what we do for our neighbor, and as refused to Himself what we refuse to our neighbor.

We read in the Gospel of St. Matthew (Matt. 25:34-46) the words that Christ will address to the just on Judgment Day: Then shall the king say to them that shall be on his right hand: Come, ye blessed of my Father, possess you the kingdom prepared for you from the foundation of the world. For I was hungry, and you gave me to eat; I was thirsty, and you gave me to drink; I was a stranger, and you took me in: Naked, and you covered me: sick, and you visited me: I was in prison, and you came to me. Then shall the just answer him, saying: Lord, when did we see thee hungry, and fed thee; thirsty, and gave thee drink? And when did we see thee a stranger, and took thee in? or naked, and covered thee? Or when did we see thee sick or in prison, and came to thee? And the king answering, shall say to them: Amen I say to you, as long as you did it to one of these my least brethren, you did it to me. Then he shall say to them also that shall be on his left hand: Depart from me, you cursed, into everlasting fire which was prepared for the devil and his angels. For I was hungry, and you gave me not to eat: I was thirsty, and you gave me not to drink. I was a stranger, and you took me not in: naked, and you covered me not: sick and in prison, and you did not visit me. Then they also shall answer him, saying: Lord, when did we see thee hungry, or thirsty, or a stranger, or naked, or sick, or in prison, and did not minister to thee?

Then he shall answer them, saying: Amen I say to you, as long as you did it not to one of these least, neither did you do it to me. And these shall go into everlasting punishment: but the just, into life everlasting.

Some Catholics seem to think that this Law has fallen into abeyance in these days of selfassertion and selfishness, when everyone thinks only of himself and his personal aggrandizement.

"It is useless to urge the Law of Love nowadays," they say, "everyone has to shift for himself, or go under. "

No such thing! God's great Law is still and will ever be in full force. Nay, it is more than ever necessary, more than ever our duty and more than ever our own best interest.

WE ARE BOUND TO PRAY FOR THE HOLY SOULS

We are always bound to love and help each other, but the greater the need of our neighbor, the more stringent and the more urgent this obligation is. It is not a favor that we may do or leave undone, it is our duty: we must help each other.

It would be a monstrous crime, for instance, to refuse the poor and destitute the food necessary to keep them alive. It would be appalling to refuse aid to one in direst need, to pass by and not extend a hand to save a drowning man. Not only must we help others when it is easy and convenient, but we must make every sacrifice, when need be, to succor our brother in distress.

Now, who can be in more urgent need of our charity than the souls in Purgatory? What hunger or thirst or dire sufferings on this Earth can compare to their dreadful torments? Neither the poor nor the sick nor the suffering we see around us have any such urgent need of our succor. Yet we find many good-hearted people who interest themselves in every other type of suffering, but alas, scarcely one who works for the Holy Souls!

Who can have more claim on us? Among them, too, there may be our mothers and fathers, our friends and near of kin.

GOD WISHES US TO HELP THEM

In any event, they are God's dearest friends. He longs to help them; He desires most earnestly to have them in Heaven. They can never again offend Him, and they are destined to be with Him for all Eternity. True, God's justice demands expiation of their sins, but by an amazing dispensation of His Providence He places in our hands the means of assisting them, He gives us the power to relieve and even release them. Nothing pleases Him more than for us to help them. He is as grateful to us as if we had helped Himself.

OUR LADY WANTS US TO HELP THEM

Never did a mother of this Earth love so tenderly a dying child, never did she strive so earnestly to soothe its pains, as Mary seeks to console her suffering children in Purgatory, to have them with her in Heaven. We give her unbounded joy each time we take a soul out of Purgatory.

THE HOLY SOULS WILL REPAY US A THOUSAND TIMES OVER

But what shall we say of the feelings of the Holy Souls themselves? It would be utterly impossible to describe their unbounded gratitude to those who help them! Filled with an immense desire to repay the favors done them, they pray for their benefactors with a fervor so great, so intense, so constant that God can refuse them nothing. St. Catherine of Bologna says: "I received many and very great favors from the Saints, but still greater favors from the Holy Souls. "

When they are finally released from their pains and enjoy the beatitude of Heaven, far from forgetting their friends on Earth, their gratitude knows no bounds. Prostrate before the Throne of God, they never cease to pray for those who helped them. By their prayers they shield their friends from the dangers and protect them from the evils that threaten them.

They will never cease these prayers until they see their benefactors safely in Heaven, and they will be forever their dearest, sincerest and best friends.

Did Catholics only know what powerful protectors they secure by helping the Holy Souls, they would not be so remiss in praying for them.

THE HOLY SOULS WILL LESSEN OUR PURGATORY

Another great grace that they obtain for their helpers is a short and easy Purgatory, or possibly its complete remission!

Saint John Massias, the Dominican lay brother, had a wonderful devotion to the Souls in Purgatory. He obtained by his prayers (chiefly by the recitation of the Rosary) the liberation of one million four hundred thousand souls!

In return, they obtained for him the most abundant and extraordinary graces and came at the hour of his death to help and console him and accompany him to Heaven.

This fact is so certain that it was inserted by the Church in the bull of his beatification.

The learned Cardinal Baronius recounts a similar incident.

He was himself called to assist a dying gentleman. Suddenly, a host of blessed spirits appeared in the chamber of death, consoled the dying man and chased away the devils who sought, by a last desperate effort, to compass his ruin.

When asked who they were, they made answer that they were 8,000 souls whom he had released from Purgatory by his prayers and good works. They were sent by God, so they said, to take him to Heaven without his passing one moment in Purgatory.

St. Gertrude was fiercely tempted by the devil when she came to die. The evil spirit reserves a dangerous and subtle temptation for our last moments. As he could find no other ruse sufficiently clever with which to assail the Saint, he thought to disturb her beautiful peace of soul by suggesting that she would surely remain long years in the awful fires of Purgatory since, he reminded her, she had long ago made over all her suffrages to other souls. But Our Blessed Lord, not content with sending His Angels and the thousands of souls she had released to assist her, came Himself in person to drive away Satan and comfort His dear Saint. He told St. Gertrude that in exchange for all she had done for the Holy Souls, He would take her straight to Heaven and would multiply a hundredfold all her merits.

Blessed Henry Suso, of the Dominican Order, made a compact with a fellow religious to the effect that, when one of the two died, the survivor would offer two Masses each week for his soul, and other prayers as well.

It so fell out that his companion died first, and Blessed Henry commenced immediately to offer the promised Masses. These he continued to say for a long time. At last, quite sure that

the soul of his saintly friend had reached Heaven, he ceased offering the Masses.

Great was his sorrow and consternation when the soul of the dead brother appeared to him suffering intensely and chiding him for not celebrating the promised Masses. Blessed Henry replied with deep regret that he had not continued the Masses, believing that his friend must be enjoying the Beatific Vision but he added that he had ever remembered him in prayer.

"O dear Brother Henry, please give me the Masses, for it is the Precious Blood of Jesus that I most need!" cried out the suffering soul. Blessed Henry began anew and, with redoubled fervor, offered Masses and prayers for his friend until he received absolute certitude of his delivery.

Then it was his turn to receive graces and blessings of all kinds from the dear brother he had relieved, and very many times more than he could have expected.

CHAPTER V: How can we help the Holy Souls?

The first means is by joining the Association of the Holy Souls. The conditions are easy:

a) Have your name registered in the Book of the Association.

b) Hear Mass once a week (Sunday suffices) for the Holy Souls.

c) Pray for and promote devotion to the Holy Souls.

d) Contribute once a year an offering to the Mass Fund, which enables the Association to have perpetual Masses said every month.

(If special Masses for the Holy Souls are desired, it is important to mention how many Masses you want offered.)

Those who wish to join and do not have the Association in their parish can send their name, address and annual alms to the Association of the Holy Souls. ⁵ A second means of helping the

Holy Souls is by having Masses offered for them. This is certainly the most efficacious way of relieving them.

Those who cannot get many Masses offered, owing to the want of means, ought to assist at as many Masses as possible for this intention.

A young man who was earning a very modest salary told the writer: "My wife died a few years ago. I got 10 Masses said for her. I could not possibly do more, but heard 1,000 for her dear soul. "

The recital of the Rosary (with its great indulgences) and making the Way of the Cross (which is also richly indulgenced) are excellent means of helping the Holy Souls.

St. John Massias, as we saw, released from Purgatory more than a million souls, chiefly by reciting the Rosary and offering its great indulgences for them.

Another easy and efficacious way is by the constant repetition of short indulgenced prayers [applying the indulgence to the Souls in Purgatory].

Many people have the custom of saying 500 or 1,000 times each day the little ejaculation, "Sacred Heart of Jesus, I place my trust in Thee!" or the one word, "Jesus. " These are most consoling devotions; they bring oceans of grace to those who practice them and give immense relief to the Holy Souls.

Those who say the ejaculations 1,000 times a day gain 300,000 days Indulgence! What a multitude of souls they can thus relieve! What will it not be at the end of a month, a year, 50 years? And if they do not say the ejaculations, what an immense number of graces and favors they shall have lost! It is quite possible -- and even easy -- to say these ejaculations 1,000 times a day. But if one does not say them 1,000 times, let him say them 500 or 200 times.

Still another powerful prayer is: "Eternal Father, I offer Thee the most Precious Blood of Jesus, with all the Masses being said all over the world this day, for the Souls in Purgatory. "

Our Lord showed St. Gertrude a vast number of souls leaving Purgatory and going to Heaven as a result of this prayer, which the Saint was accustomed to say frequently during the day.

The Heroic Act consists in offering to God in favor of the Souls in Purgatory all the works of satisfaction we practice during

life and all the suffrages that will be offered for us after death. If God rewards so abundantly the most trifling alms given to a poor man in His name, what an immense reward will He not give to those who offer all their works of satisfaction in life and death for the Souls He loves so dearly.

This Act does not prevent priests from offering Mass for the intentions they wish, or lay people from praying for any persons or other intentions they desire. We counsel everyone to make this act.

ALMS HELP THE HOLY SOULS

St. Martin gave half of his cloak to a poor beggar, only to find out afterwards that it was to Christ he had given it. Our Lord appeared to him and thanked him.

Blessed Jordan of the Dominican Order could never refuse to give an alms when it was asked in the Name of God. One day he had forgotten his purse. A poor man implored an alms for the love of God. Rather than refuse him, Jordan, who was then a student, gave him a most precious cincture or "girdle" which he prized dearly. Shortly after, he entered a church and found his cincture encircling the waist of an image of Christ Crucified. He, too, had given his alms to ChriSt. We all give our alms to ChriSt.

RESOLUTION

Let us give all the alms we can afford;

Let us have said all the Masses in our power;⁶

Let us hear as many more as is possible;

Let us offer all our pains and sufferings for the relief of the Holy Souls.

We shall thus deliver countless Souls from Purgatory, who will repay us ten thousand times over.

CHAPTER VI: What the Holy Souls do for those who help them

St. Alphonsus Liguori says that, although the Holy Souls cannot merit for themselves, they can obtain for us great graces. They are not, formally speaking, intercessors, as the Saints are, but through the sweet providence of God, they can obtain for us as astounding favors and deliver us from evils, sickness and dangers of every kind.

It is beyond all doubt, as we have already said, that they repay us a thousand times for anything we do for them.

The following facts, a few hundred of which we might quote, are sufficient to show what powerful and generous friends the Holy Souls are.

HOW A GIRL FOUND HER MOTHER

A poor servant girl in France named Jeanne Marie once heard a sermon on the Holy Souls which made an indelible impression on her mind. She was deeply moved by the thought of the intense and unceasing sufferings the Poor Souls endure, and she was horrified to see how cruelly they are neglected and forgotten by their friends on Earth.

Among other things the preacher stressed was that many souls who are in reality near to their release -- one Mass might suffice to set them free -- are oftentimes long detained; it may be for years, just because the last needful suffrage has been withheld or forgotten or neglected!

With her simple faith, Jeanne Marie resolved that, cost what it might, she would have a Mass said for the Poor Souls every month, especially for the soul nearest to Heaven. She earned little, and it was sometimes difficult to keep her promise, but she never failed.

On one occasion she went to Paris with her mistress and there fell ill, so that she was obliged to go to the hospital. Unfortunately, the illness proved to be a long one, and her mistress

had to return home, hoping that her maid would soon rejoin her. When at last the poor servant was able to leave the hospital, all she had left of her scanty earnings was one franc!

What was she to do? Where to turn? Suddenly, the thought flashed across her mind that she had not had her usual monthly Mass offered for the Holy Souls. But she had only one franc! That was little enough to buy her food.

Yet her confidence that the Holy Souls would not fail her triumphed. She made her way into a church and asked a priest, just about to say Mass, if he would offer it for the Holy Souls. He consented to do so, never dreaming that the modest alms offered was the only money the poor girl possessed. At the conclusion of the Holy Sacrifice, our heroine left the church. A wave of sadness clouded her face; she felt utterly bewildered.

A young gentleman, touched by her evident distress, asked her if she was in trouble and if he could help her. She told her story briefly, and ended by saying how much she desired work.

Somehow she felt consoled at the kind way in which the young man listened to what she said, and she fully recovered her confidence.

"I am delighted beyond measure," he said, "to help you. I know a lady who is even now looking for a servant. Come with me. " And so saying he led her to a house not far distant and bade her ring the bell, assuring her that she would find work.

In answer to her ring, the lady of the house herself opened the door and inquired what Jeanne Marie required. "Madam, " she said, "I have been told that you are looking for a servant. I have no work and should be glad to get the position. "

The lady was amazed and replied: "Who could have told you that I needed a servant? It was only a few minutes ago that I had to dismiss my maid, and that at a moment's notice. You did not meet her?"

"No, Madam. The person who informed me that you required a servant was a young gentleman. "

"Impossible!" exclaimed the lady. "No young man, in fact no one at all, could have known that I needed a servant. "

"But Madam, "the girl answered excitedly, pointing to a picture on the wall, "that is the young man who told me!"

"Why, child, that is my only son, who has been dead for more than a year!"

"Dead or not, "asserted the girl with deep conviction in her voice, "it was he who told me to come to you, and he even led me to the door. See the scar over his eye; I would know him anywhere. "

Then followed the full story of how, with her last franc, she had had Mass offered for the Holy Souls, especially for the one nearest to Heaven.

Convinced at last of the truth of what Jeanne Marie had told her, the lady received her with open arms. "Come, " she said, "though not as my servant, but as my dear daughter. You have sent my darling boy to Heaven. I have no doubt that it was he who brought you to me. "

HOW A POOR BOY BECAME A BISHOP, A CARDINAL, AND A SAINT

St. Peter Damian lost both father and mother shortly after his birth. One of his brothers adopted him, but treated him with unnatural harshness, forcing him to work hard and giving him poor food and scanty clothing.

One day Peter found a silver piece, which represented to him a small fortune. A friend told him that he could conscientiously use it for him self, as the owner could not be found.

The only difficulty Peter had was to choose what it was he most needed, for he was in sore need of many things.

While turning the matter over in his young mind, it struck him that he could do a still better thing, viz. , have a Mass said for the Holy Souls in Purgatory, especially for the souls of his dear parents. At the cost of a great sacrifice, he put this thought into effect and had the Mass offered.

The Holy Souls repaid his sacrifice most generously. From that day forward a complete change became noticeable in his fortunes.

His eldest brother called at the house where he lived and, horrified at the brutal hardships the little fellow was subjected to, arranged that he be handed over to his own care. He clad him and fed him as his own child, and educated and cared for him most affectionately. Blessing followed upon blessing. Peter's wonderful talents became known, and he was rapidly promoted to the priesthood; sometime after he was raised to the episcopacy and, finally, created Cardinal. Miracles attested his great sanctity, so that after death he was canonized and made a Doctor of the Church.

These wonderful graces came to him after that one Mass said for the Holy Souls.

AN ADVENTURE IN THE APENNINES

A group of priests was called to Rome to treat of a grave business matter.

They were bearers of important documents, and a large sum of money was entrusted to them for the Holy Father. Aware that the Apennines, over which they had to pass, were infested by daring bandits, they chose a trusty driver. There was no tunnel through the mountains nor train in those days.

They placed themselves under the protection of the Holy Souls and decided to say a *De Profundis* every hour for them.

When right in the heart of the mountains, the driver gave the alarm and at the same time lashed the horses into a furious gallop. Looking around, the priests saw fierce bandits at each side of the road with rifles aimed, ready to fire. They were amazed that no shot rang out. They were completely at the mercy of the bandits.

After an hour's headlong flight, the driver stopped and, looking at the priests, said: "I can not understand how we escaped. These desperadoes never spare anyone. "

The Fathers were convinced that they owed their safety to the Holy Souls, a fact that was afterwards confirmed beyond doubt.

When their business was concluded in Rome, one of their number was detained in the Eternal City, where he was appointed chaplain to a prison

Not long after, one of the fiercest brigands in Italy was captured, condemned to death for a long series of murders and was awaiting execution in this prison.

Anxious to gain his confidence, the chaplain told him of several adventures he himself had had and, finally, of his recent escape in the Apennines. The criminal manifested the greatest interest in the story.

When it was ended, he exclaimed: "I was the leader of that band! We thought that you had money and we determined to rob and murder you. An invisible force prevented each and all of us from firing, as we assuredly would have done had we been able. "

The chaplain then told the brigand of how they had placed themselves under the protection of the Holy Souls, and that they ascribed their deliverance to their protection.

The bandit found no difficulty in believing it. In fact, it made his conversion more easy. He died full of repentance.

HOW POPE PIUS IX CURED A BAD MEMORY

The venerable Pontiff, Pius IX, appointed a holy and prudent religious named Padre Tomaso to be bishop of a diocese. The priest, alarmed at the responsibility put upon him, begged earnestly to be excused.

His protests were in vain. The Holy Father knew his merits.

Overcome with apprehension, the humble religious solicited an audience with the Pope, who received him most graciously. Once more he pleaded earnestly to be excused, but the Pope was immovable.

As a last recourse, Padre Tomaso told the Holy Father that he had a very bad memory, which would naturally prove to be a grave impediment in the high office put upon him.

Pius IX answered with a smile: "Your diocese is very small in comparison with the Universal Church, which I carry on my shoulders. Your cares will be very light in comparison with mine.

"I, too, suffered from a grave defect of memory, but I promised to say a fervent prayer daily for the Holy Souls, who, in return, have obtained for me an excellent memory. Do you likewise, Dear Father, and you will have cause to rejoice. "

THE MORE WE GIVE, THE MORE WE GET

A businessman in Boston joined the Association of the Holy Souls and gave a large sum of money annually that prayers and Masses might be said for them.

The Director of the Association was surprised at the gentleman's generosity, for he knew that he was not a rich man. He asked kindly one day if the alms he so generously gave were his own offering or donations which he had gathered from others.

"What I offer, Dear Fathers," the gentleman said, "is my own offering. Be not alarmed. I am not a very rich man, and you may think that I give more than I am able to do. It is not so, for far from losing by my charity, the Holy Souls see to it that I gain considerably more than I give. They are second to none in generosity. "

THE PRINTER OF COLOGNE

The celebrated printer of Cologne, William Freyssen, gives us the following account of how his child and wife were restored to health by the Holy Souls.

William Freyssen got the order to print a little work on Purgatory. When he was correcting the proofs, his attention was caught by the facts narrated in the book. He learned for the first time what wonders the Holy Souls can work for their friends.

Just at that time his son fell grievously ill, and soon the case became desperate. Remembering what he had read about the power of the Holy Souls, Freyssen at once promised to spread, at his own expense, a hundred copies of the book which his firm was

printing. To make the promise more solemn, he went to the church and there made his vow. At once a sense of peace and confidence filled his soul. On his return home, the boy, who had been unable to swallow a drop of water, asked for food. Next day he was out of danger and soon completely cured.

At once, Freyssen ordered the books on Purgatory to be distributed, feeling sure that it was the best way to obtain help for the suffering souls, by interesting a hundred people in them. No one who knows what the Poor Souls suffer can refuse to pray for them.

Time passed, and a new sorrow fell to the share of the printer. This time his dear wife was stricken down and, despite every care, grew daily worse. She lost the use of her mind and was almost completely paralyzed, so that the doctor gave up all hope.

The husband, bethinking him of what the Holy Souls had done for his boy, again ran to the church and promised to distribute 200 of the books on Purgatory, begging in exchange the urgent succor of the Holy Souls.

Wonderful to relate, the mental aberration ceased, his wife's mind became normal, and she recovered the use of her limbs and of her tongue. In a short time she was perfectly restored to health.

THE CURE OF A CANCER

D. Joana de Menezes thus tells of her cure: She was suffering severely from a cancerous growth in the leg and was plunged in grief.

Remembering what she had heard of the power of the Souls in Purgatory, she resolved to place all her confidence in them and had nine Masses offered for them. She promised, moreover, to publish news of her cure if it were granted. Gradually the swelling went down, and the tumor and cancer disappeared.

AN ESCAPE FROM BRIGANDS

Father Louis Manaci, a zealous missionary, had great devotion to the Souls in Purgatory. He found himself obliged to set out on a dangerous journey, but confidently asked the Holy Souls to protect him in the dangers that he was likely to meet with. His road lay through a vast desert, which he knew to be infested with brigands. While plodding along, saying the Rosary for the Holy Souls, what was not his surprise, on looking around, but to find himself surrounded by a bodyguard, as it were, of blessed spirits. Soon he discovered the reason. He had fallen into an ambuscade of brigands, but the Holy Souls at once surrounded him and drove off the miscreants, who sought his life. The Holy Souls did not abandon him until he was well out of danger.

A RETURN TO LIFE

The Prior of Cirfontaines gives us his story: "A young man of my parish fell dangerously ill with a typhoid fever. His parents were overcome with grief and asked me to recommend him to the prayers of the members of the Association of the Holy Souls.

"It was Saturday. The boy was at death's door. The doctors had had recourse to every remedy. All in vain. They could think of nothing more. They were in despair. "I was the only one who had hope. I knew the power of the Holy Souls, for I had already seen what they could do.

"On Sunday I begged the Associates of the Holy Souls to pray fervently for our sick friend.

"On Monday the danger passed. The boy was cured. "

How to Avoid Purgatory

By E. D. M. We do not know who wrote the original, and this has been updated to harmonize with the current conditions of the Great Apostasy.

This precious little booklet should be read by everyone desirous of a happy death and of avoiding the awful fires of Purgatory.

The book is eminently practical and the means it suggests for avoiding Purgatory are easy and within the reach of everyone.

Many, we daresay, **most** souls go to Purgatory after death simply because they never heard how easy it is to avoid these dreadful fires, or at least to lessen notably the time and lessen the pains which otherwise will be so long and so intense. This beautiful booklet How to Avoid Purgatory makes this very clear. Dear reader, make sure to read it.

Can We Avoid Purgatory? Yes.

Many think that it is practically impossible for the ordinary Christian to avoid Purgatory. Go there we all must--so they say.

They laughingly remark: "It will be well for us if we ever get there"

Alas! When too late they will recognize how terribly rash their words were. As a consequence of such fatalistic ideas, many make no serious effort to avoid Purgatory, or even to lessen the term they may have to pass there. Thank God all do not hold such gloomy views.

WE SHALL STRIVE IN THE FOLLOWING PAGES TO SHOW a) How all can notably shorten their period of expiation in Purgatory; b) And how they may even avoid Purgatory altogether. These pages are well worth reading and re-reading. The fact is that a great number of souls go to Purgatory and remain there for long years simply because they had never been told how they could have avoided it.

The means we suggest are easy, practical and within the reach of all.

Moreover, far from being irksome, the use of these means will only serve to make our lives on this earth holier and happier and will take away the exaggerated fear of death which terrifies so many.

We ask you, Dear Reader, to put this little booklet into the hands of all your friends. You cannot do them a greater service.

How Can We Avoid Purgatory?

The reason why we have to pass through Purgatory after death is that we have committed sins and have not made satisfaction for them. Every individual sin must be expiated--in this life or the next! Not even the slightest shadow of sin or evil can enter the all-holy presence of God.

The graver, the more frequent the sins, the longer will be the period of expiation and the more intense the pain.

It is not God's fault, nor God's wish, that we go to Purgatory! The fault is all our own.

We have sinned and have not made satisfaction.

Even after our sin, God, in His infinite goodness, places at our disposal many easy and efficacious means by which we may considerably lessen our term of expiation, or even entirely cancel it.

Most Christians, with incomprehensible rashness, neglect these means and so have to pay their debts in the dreadful prison house of Purgatory.

We will briefly enumerate some of the principal means by which we can avoid Purgatory-or at least lessen its severity and duration.

A Forgotten Essential Element

Note, this is added by the Pope.

Many read spiritual books and booklets, such as this one today without realizing that all such books and booklets omit a very important pre-requisite, membership in the Catholic Church. These writers, many of whom are saints, should not be blamed, for they presumed that their readers are in visible communion with the Catholic Church and wish to move from the minimum required for membership in the Catholic Church to greater sanctity.

Today, however, we cannot omit to mention this most important and essential point. Although prayer said by those who are outside the Catholic Church has some merit, it is not towards sanctification, but only towards bringing them to the Catholic Church. In order to gain indulgences and to sanctify oneself, it is absolutely necessary to be in the Catholic Church, for it is a doctrine of the Divine and Catholic Faith that it is necessary to be a member of the Catholic Church. Membership in the Church is a pre-requisite to be in the state of sanctifying grace.⁷ The state of grace is a pre-requisite to earn an indulgence.⁸

By order of Pope Michael, to be in visible communion with the Catholic Church founded by Jesus Christ, it is necessary to either be baptized into this church or to make the Profession of Faith prescribed by the Pope, which includes an act of obedience to the Pope, since such is also necessary for salvation as taught by Pope Boniface VIII in the Bull, Unam Sanctam.⁹

The First Means: Removing the Cause

The First Means of avoiding Purgatory is manifestly to remove the cause which sends us there, which is sin.

It may not be easy to refrain from all sin, even the smaller sins, but every ordinary Christian can, by the frequent use of the Sacraments, easily abstain from mortal sin.

Secondly, we can all avoid deliberate and grave venial sin. It is an awful thing to offend the good God deliberately.

Deliberation intensifies enormously the malice of sin and offends God much more than faults of weakness, or sins committed when we are off our guard.

Lastly, we must use our best endeavours to break off bad habits. Habits, like deliberation, add seriously to the malice of sin.

A deliberate falsehood is very much worse than a hasty lie of excuse, and a lie resulting from the inveterate habit of lying is very much worse than a casual lie.

A lady once told us how she had, when younger, the habit of constantly speaking ill of her neighbours.

Having heard a sermon on the subject, she made a strong resolution never to do so again, and kept it.

That simple, strong resolution changed the whole trend of her life and saved her from thousands of sins, and most surely from a long and painful Purgatory.

Who cannot make a like resolution and keep it?

If a Christian avoids, as he easily can, these three classes of sin, viz. , mortal sins, deliberate and grave venial sins, and habits of sin, it will be relatively easy for him to atone for faults of frailty, as we shall presently see.

Resolution: We would be well advised to pronounce with special emphasis and fervour, every time we say the Our Father, the words: "Forgive us our trespasses as we forgive those who trespass against us"

These are the very words of God Himself and repeated frequently and fervently will certainly obtain for us pardon of our sins.

The Second Means: Penance

The Second Means of avoiding Purgatory is to satisfy for our sins in this life by doing penance. "Do penance or you shall all likewise perish" Do penance, or you will burn long years in Purgatory, is a fact that there is no getting away from.

This is a terrifying thought and one that makes the bravest man shudder. Which of us does not tremble when he thinks of

those who have been burnt to death in a slow fire? What fear would not be ours if we had to face a similar death? Yet their suffering was of relatively short duration. The incomparably fiercer fire of Purgatory, which we may have to face, may last 20, or 50 or 100 years!

Many people have such a horror of penance that they never even dream of practicing it. It is like the fear that children have of ghosts, a very great but a very unfounded fear. Their idea is that penance is something awful. They think perhaps of the severe penances of the great Saints and of course are afraid to attempt anything of a like kind.

God does not ask us, as a rule, to do what is heroic. When He does, He gives us all the strength necessary, as in the case of the Saints. He asks each one to do a little. If we are afraid of doing much, and it is only natural that some should be, let us do at least a little. No one but a coward is afraid to do a little, especially if he gets much in exchange.

The easy road to Heaven of Saint Therese, the Little Flower, is to do many little things. God was infinitely pleased with the widow's mite; He will be equally pleased with our little penances.

As a result of little mortifications, we can deliver ourselves from the awful fires of Purgatory and amass rich merits for Heaven. To go into the matter further, there is not much difficulty about mortification or penance, notwithstanding the absurd fear that people have of it.

Penance is not only easy, it is useful and necessary, and it will bring us very great happiness. Not to do penance is the greatest penance of all. As a matter of fact, every man of the world naturally, spontaneously mortifies himself. The first principle, for instance, of politeness and good breeding is to sacrifice our whims and tastes for the sake of others. The selfish man is a boor; the generous man is the idol of all.

Again, the only way of securing good health is to eschew the most appetizing viands when they do us harm and to make use of plain foods when they do us good. Overeating is the cause of the vast majority of sickness and premature deaths.

To take another example. The secret of success is strenuous, methodical, regular work. Now generosity, self-denial, method, regularity are other forms of very genuine but practical mortification. Yet no man can get on without them. To insist on our own likes and dislikes, to do only as we please, is to lead a life bristling with difficulties, in which every duty is a burden, every good act an effort and a labor.

Boy scouts and girl scouts are bound to do a kind act every day, even though it costs them a big effort. Christians should surely do more. Daily acts of self-restraint, of patience with others, of kindness to others, the exact fulfillment of duty are splendid penances and a great aid to happiness.

Resolution: If we are afraid to do much, let us do many little things.

The Third Means: Suffering

The Third Means of avoiding Purgatory is very easy. It consists in making a virtue of necessity, by bearing patiently what we cannot avoid, and all the more since suffering, borne patiently, becomes easy and light. Suffering, if accepted with calmness and for God's sake, loses all its sting. If received badly, in the spirit of revolt and with repugnance, it is intensified a hundredfold, and becomes almost intolerable.

Everyone in this vale of tears has to face sorrows innumerable and infinite in variety. Crosses light and crosses heavy are the lot of us all. Strange as it may seem, these sorrows, which most of us would gladly dispense with, are in truth God's greatest graces. They are the little share He offers us of His Passion and which He asks us to bear for love of Him and as penance for our sins.

Borne in this spirit they will lessen considerably our time in Purgatory and very possibly completely remove it--with this difference, that Purgatory, even a Purgatory of 50 or 100 years, will in no wise increase our merits in Heaven; whereas, every pain and sorrow and disappointment in this life will lessen our suffering

in Purgatory, and also bring us more happiness and glory in Heaven.

How sad it is that so many Christians, for want of thought, make their sufferings a thousand times worse than they are and lose all the immense merits that they could so easily gain.

Resolution: Let us suffer with calmness and serenity for the love of God. We shall thus save ourselves from Purgatory.

The Fourth Means: Confession, Communion, Holy Mass

The Fourth Means by which we can lessen our time in Purgatory, or avoid it altogether, is by frequent Confession, Communion and daily assistance at Mass.

Confession applies to our souls the Precious Blood of Christ, wipes out our sins, gives us light to see their malice, fills us with horror of sin and, above all, it gives us strength to avoid it. In Holy Communion we receive the God of infinite mercy and love, the God of all sanctity, who comes expressly to pardon our sins and help us to sin no more.

He visited the house of Zaccheus once, and in that one visit, Zaccheus obtained complete pardon of all his sins.

How is it possible that the same God of goodness and sweetness can come, not into our houses, but into our very hearts in Holy Communion and not give us the same and even greater graces. He visited Zaccheus once, He visits us every day if we allow Him.

Many, alas, never feel, never grasp the immense joys and consolation of Holy Communion.

The Mass is identical with the Sacrifice of Calvary, in its essence, in its value, in the graces it bestows. The Sacrifice of Calvary was sufficient to save all the world, millions and millions of souls, and was also sufficient to save countless other sinful worlds, had they existed.

By assisting at Mass, we can apply all these oceans of graces to our own souls, and that not once, but every day.

Resolution: Let us go to Mass and Holy Communion every day. We can do nothing better. One day with Mass and Communion is worth a hundred days without them. Because we cannot now go to mass and Communion, let us pray daily for their restoration.

The Fifth Means: Asking God

The Fifth Means of avoiding Purgatory is asking God for this grace. Some wise Catholics have a really great, if simple secret, which is well worth learning and using for our own benefit.

God promises us in the most solemn and deliberate way (and He cannot fail to do what He promises) that He will give us everything we ask in prayer, if it is good for us.

Now two conditions, especially, make prayer infallible, namely perseverance and faith. God cannot refuse such a prayer.

These Catholics we speak of pray expressly every day of their lives that God will free them from Purgatory. In every single prayer they say, in every Mass they hear,¹⁰ in every good act they perform, they have the express intention of asking God first of all and with all their hearts to deliver them from Purgatory.

How? That is for God to decide.

It is not easy to see how God can possibly refuse such constant, unceasing prayer. The fact that such prayers are said daily and many times in the day, for 20, 30, 50 years, shows that they are said with undoubting faith and magnificent perseverance.

We exhort all our readers to adopt this practice. The more they know and think on Purgatory, the more fervently will they make this prayer.

Resolution: Every time we say the Hail Mary let us say with all the fervour of our hearts the words: "Pray for us sinners now and at the hour of our death. Amen"

A Sixth Means: Resignation to Death

A Sixth Means of avoiding Purgatory is given us by some great saints: They say that when a sick person becomes aware that he is dying and offers to God his death with perfect resignation, it is very likely that he will go straight to Heaven.

Death is the awful punishment of sin, and when we accept it, as of course we ought to do, with submission and resignation, our act pleases God so much that it may satisfy perfectly for all our sins.

The idea of Pope St. Pius X was the same when he granted a plenary indulgence at the hour of death to those who say at least after one Holy Communion the following prayer: "Eternal Father, from this day forward, I accept with a joyful and resigned heart the death it will please You to send me, with all its pains and sufferings"¹¹

It will be better still to say this prayer after every Holy Communion we receive.

It is for our best interest to accept God's will in everything that happens to us in life and in death.

Nothing can be easier when we remember that God always wishes what is best for us. If we do what God does not will, we shall surely suffer.

Resolution: Each time we repeat the Our Father, let us say with special fervour the words: Thy will be done. In all our troubles, small and great, let us do likewise. Thus everything will gain us merit. By this simple act we change sorrow into joy, the worries of life into gold for Heaven.

Act of Resignation to the Divine Will: *O Lord my God, I now at this moment readily and willingly accept at Thy hand whatever kind of death it may please Thee to send me, with all its pains, penalties and sorrows.*

The Seventh Means: Extreme Unction

The Seventh Means of avoiding Purgatory is Extreme Unction: God Himself has given us a Sacrament, the end of which is to take us directly to Heaven. This Sacrament is Extreme Unction, which according to St. Thomas and St. Albert was instituted especially to obtain for us the grace of a holy and happy death and to prepare us for immediate entrance into Heaven.

Many Catholics do not understand this most consoling doctrine, and because they do not understand it, they prepare themselves insufficiently for the reception of Extreme Unction and so lose many of its great graces.

Every Sacrament properly received produces its effect. Baptism cleanses us from Original Sin and any other actual sins that may have been committed by adults before receiving the Sacrament.

The Sacrament of Holy Orders gives a priest all his tremendous powers. Matrimony makes man and woman husband and wife. In the same way Extreme Unction, if devoutly received, prepares the dying Christian for immediate entrance into Heaven, thus delivering him from Purgatory.

How foolish it is, therefore, to put off receiving this Sacrament until very late, when the dying person is too exhausted to receive it with full knowledge of what he is doing and with due fervour and devotion. The moment of death is the supreme moment in our lives. It is the moment which decides our fate for all Eternity.

Resolution: Let us use every means in our power to secure a happy and holy death, especially by receiving most devoutly, and as soon as possible, Extreme Unction. Let us pray for the restoration of the priesthood under the Pope, so that we can receive Extreme Unction

Indulgences and Purgatory

God in His infinite mercy and compassion offers us a most wonderful and easy means for lessening or canceling our Purgatory.

Fully aware of our weakness, and knowing, too, how fearful many are of penance, He opens wide the treasury of His Goodness and offers us most abundant Indulgences in exchange for some small act of devotion.

For one recitation of short ejaculatory prayers, He grants 100 or 300 or more days Indulgence. These we may say hundreds of times in the day. Those who say the little ejaculation: "Sacred Heart of Jesus, I place my trust in Thee" one hundred times a day gain 30,000 days Indulgence. Those who say it 1,000 times, as many do, gain 300,000 days Indulgence each day!

Nothing can be easier than to acquire the habit of saying this little prayer all day long, countless times each day.

Then, for each Hail Mary of the Rosary, one gains more than 2,000 days Indulgence!

Besides an immense number of Partial Indulgences, there are very many Plenary (full, complete) Indulgences which may be gained during life and at the hour of death.

These are specially given by the Church to enable us to avoid Purgatory.

These Indulgences can be applied to our own souls, and we shall thus directly make satisfaction for our sins. Or, we may apply them to the souls in Purgatory, who will see to it that we do not lose by our generosity.

Resolution: Let us strive to gain all possible Indulgences.

The Third Orders

Among the extraordinary graces which Catholics gain by becoming members of a Third Order is a share in many Masses and prayers.

To mention, for instance, the Third Order of Saint Dominic, Pope Benedict XV, himself a Tertiary, said: "One of the easiest and most effectual ways of reaching a high degree of sanctity is by becoming a Dominican Tertiary"

The members of this order receive during life a share every day in thousands of Masses and prayers, and after death, when, alas, so many are neglected by their relatives, those who are members of this Third Order have a share daily in thousands of other Masses and prayers, this for as long as they remain in Purgatory!

Among the many beautiful characteristics of the Order of St. Dominic is its intense devotion and love for the Holy Souls, especially for the souls of its members, friends and benefactors. So true is this that a young Italian nobleman who consulted the Pope as to which religious order he would do well to enter received for answer: "My dear son, you may with much profit join any of the Orders, for in each you will find abundant means of becoming a Saint. After death, however, be a Dominican" The Holy Father meant to imply that the suffrages given after death to their deceased members are, indeed, most abundant in the Dominican Order.

The conditions of becoming a member of this order are so easy and the advantages so many that half the world would become Dominican Tertiaries did they know these advantages.

Those Who Earnestly Help the Holy Souls May Well Hope to Avoid Purgatory

The Holy Souls whom we relieve or release by our Masses and good works pray for us with such indescribable fervour that God cannot refuse to hear their prayers. One of the principal graces they ask for their friends is that these shall have little or no Purgatory. No one knows better than they the awful intensity of

the Purgatorial flames; no one, therefore, can pray for us as they do. Let us remember that:

a) God thanks as done to Himself what we do to others. When we relieve or release any of the Holy Souls, we relieve or release, as it were, God Himself. How ready, therefore, will He not be to hear the prayers offered by these souls for us.

b) Our Blessed Lord lays down clearly the great law: "By that measure by which you measure, it will be measured to you again" In proportion, consequently, to our generosity towards the Holy Souls will God's mercy and generosity be towards us. Those who work heart and soul for the relief of the Holy Souls may thus well hope that their Purgatory will be entirely remitted, or notably lessened. On the other hand, those who neglect the Holy Souls may justly fear a severe judgment and a long Purgatory.

Resolution: Let everyone without fail join the Association of the Holy Souls. All the members of the family should do so. The conditions are very easy. If the Association is not established in your Parish, write to: Association of the Holy Souls, Box 74, Delia, Kansas 66418-0074, USA, which is one of the centers of the devotion.

St. James the Apostle gives another very effectual method of avoiding or lessening our stay in Purgatory. He says: "He who saves a soul, saves his own, and satisfies for a multitude of sins"

If someone were fortunate enough to save the life of a King's only son, the heir to his throne, from a horrible death, what reward might he not expect to receive from the grateful monarch? No King, however, could be as grateful to and anxious to reward the person who saved his son as God is grateful and ready to reward the person who saves one soul from Hell.

All of us may, in a thousand different ways, save not one but many souls from Hell. For instance:

1. We can do so by praying earnestly for them. How often does not a mother save her son's soul by her fervent prayers. We can save souls by giving good advice and also by our good example. How many boys owe their sterling qualities to the wise counsels of a good Father or friend!

2. Another efficacious method of saving souls is by propagating the Faith, viz. , Catholic Action.

The incredible ignorance, apathy and indifference of Catholics is the evil of the day!

It is the bounden duty of Catholics to spread about thousands and thousands of pamphlets of all kinds, full of life, vigour and burning interest, crisp, incisive, clear and strong. Otherwise, these are useless.

Each pamphlet or leaflet must carry a message straight to the heart of the reader, rousing him, convincing him, galvanizing him into action.

To Avoid Purgatory, Do As Follows

1. In every prayer you say, every Mass you hear, every Communion you receive, every good work you perform, have the express intention of imploring God to grant you a holy and happy death and no Purgatory. Surely God will hear a prayer said with such confidence and perseverance.

2. Always wish to do God's will. It is in every sense the best for you. When you do or seek anything that is not God's will, you are sure to suffer. Say fervently, therefore, each time you recite the Our Father: "Thy will be done"

3. Accept all the sufferings, sorrows, pains and disappointments of life, be they great or small: ill health, loss of goods, the death of your dear ones, heat or cold, rain or sunshine, as coming from God. Bear them calmly and patiently for love of Him and in penance for your sins. Of course one may use all his efforts to ward off trouble and pain, but when one cannot avoid them let him bear them manfully. Impatience and revolt make sufferings vastly greater and more difficult to bear.

4. Christ's life and actions are so many lessons for us to imitate. The greatest act in His life was His Passion. As He had a Passion, so each one of us has a passion. Our passion consists in the sufferings and labours of every day. The penance God imposed on man for sin was to gain his bread with the sweat of his brow. Therefore, let us do our work, accept its disappointments

and hardships, and bear our pains in union with the Passion of ChriSt. We gain more merit by a little pain than by years of pleasure.

5. Forgive all injuries and offences, for in proportion as we forgive others, God forgives us.

6. Avoid mortal sins and deliberate venial sins and break off all bad habits. Then it will be relatively easy to satisfy God's justice for sins of frailty. Above all, avoid sins against charity and against chastity, whether in thought, word or deed, for these sins [and the expiation for them] are the reason why many souls are detained in Purgatory for long years.

7. If afraid of doing much, do many little things, acts of kindness and charity, give the alms you can, cultivate regularity of life, method in work, and punctuality in the performance of duty; don't grumble or complain when things are not as you please; don't censure and complain of others; never refuse to do a favour to others when it is possible. These and suchlike little acts are a splendid penance.

8. Do all in your power for the Holy Souls in Purgatory. Pray for them constantly, get others to do so, join the Association of the Holy Souls and ask all those you know to do likewise. The Holy Souls will repay you most generously.

9. There is no way more powerful of obtaining from God a most holy and happy death than by weekly Confession, daily Mass and daily Communion.

10. A daily visit to the Blessed Sacrament--it need only be three or four minutes--is an easy way of obtaining the same grace. Kneeling in the presence of Jesus with eyes fixed on the Tabernacle, sure that He is looking at us, let us for a few minutes repeat some little prayer like these:

"My Jesus, mercy. "

"My Jesus, have pity on me, a sinner"

"My Jesus, I love You"

"My Jesus, give me a happy death"

Note From the Pope

We are adding several things, which will be helpful to bring the devotion for the Poor Forgotten Souls in Purgatory up to date with the current condition of the Catholic Church. First of all, only those Masses celebrated in union with the true Pope are fruitful, all other Masses being objectively sacrilegious.

Usual Conditions Required to Gain a Plenary Indulgence

Because the enemy has usurped our churches We commute the usual conditions required for gaining plenary indulgences as follows:

1. Be in visible union with the Catholic Church under the true Pope (Michael elected July 16, 1990)

2. Instead of visiting a church, place yourself in the presence of God, as if you were in church and say the required prayers.

3. We commute the requirement of Confession for those who are unable to confess to an Examination of Conscience with an Act of Contrition and ten minutes meditation on the horrors of sin, which offends Almighty God.

4. We commute the requirement of Holy Communion to a Spiritual Communion with a prayer that the day, when we can again receive the Blessed Sacrament, may come soon.

5. The intentions of the Supreme Pontiff are: the exaltation of Holy Mother Church, the extirpation (overcoming) of heresies, propagation of the Faith, the conversion of sinners and peace among Christian nations. Unless specific prayers are prescribed for the Pope's intentions, any vocal prayers may be used.

Prayer for the Restoration of the Mass

The prophet Daniel prophesied, *and in the half of the week the victim and the sacrifice shall fail: and there shall be in the temple the abomination of desolation.* (Daniel 9:27) *And strength was given him against the continual sacrifice, because of sins: and truth shall be cast down on the ground.* (Daniel 8:12) These terrible prophecies have come to pass. We long to again participate in the unbloody sacrifice of the Mass and receive Thy Body and Blood in Holy Communion. We promise to learn the truths of the Faith, *which have been cast down on the ground* and to turn away from sin, which has given Antichrist power against the continual sacrifice and to return to Thee, as Isaias bids us. We promise with the help of Thy grace to do all in our power to remove any obstacle in ourselves to the worthy reception of Thy Sacred Body and Blood in the Most Holy EuchariSt. Until this holy day comes, when our desire can be fulfilled in participation at the Holy Sacrifice of the Mass, We desire to receive Thee spiritually, who cannot receive Thee sacramentally. Amen.

We recommend you visit Our websites:

<http://www.vaticaninexile.com>

<http://www.popespeaks.vaticaninexile.com>

<http://www.popemichael.vaticaninexile.com>

<http://www.catholicresearch.org>

<http://www.oneholycatholicchurch.com>

Contact information is maintained at those websites.

The Association of the Holy Souls has been transferred to
Box 74

Delia, Kansas 66418-9792

USA

<http://www.oneholycatholicchurch.com/associationoftheholysouls.html>

¹ Of course today, the Mass is not available as prophesied by Daneil the prophet. Let us pray for its return!

² [www. oneholycatholicchurch. com](http://www.oneholycatholicchurch.com)

³ [www. imprimaturecatholicus. com](http://www.imprimaturecatholicus.com)

⁴ The Apostle's Creed

⁵ Association of the Holy Souls, Box 74, Delia KS 66418-9792 USA

⁶ Since the Mass has been taken away, let us pray for the return of the Holy Sacrifice of the Mass, so that we can again hear all of the Masses possible for the poor souls!

⁷ We will not hear discuss those who are invincibly ignorant of the truth or the doctrine of Baptism of Desire.

⁸ The doctrine of indulgences will not be discussed in detail here.

⁹ Unam Sanctam (Boniface VIII, November 18, 1302), which states: *Indeed we declare, say, pronounce, and define that it is altogether necessary to salvation for every human creature to be subject to the Roman Pontiff.*

¹⁰ Let us pray for the Restoration of the Holy Sacrifice of the Mass, so we can again participate in this Sacrifice.

¹¹ Let us pray this as we pray for the Restoration of the Mass and after Spiritual Communion.